


to make changes in her life which would impact her for the rest of her life. These changes would be for her to stand up for her happiness and not give all her love to others.

All these indicators can help one to move forward where they may have been stuck before. Three different disciplines addressing similar themes can help Maggie move forward with the confidence that she is fulfilling the path she came to achieve for her soul's growth.

Maggie is a strong soul that has been lacking in confidence because of the traumatic recent past lives she has chosen. Her present life path is to regain her strength and confidence through challenging career positions and uncomfortable personal relationships that force her to stand up for what she deserves. That is exactly what Maggie is now doing for herself. She is on her way to success.



Chapter Two
Susan Wilson
*Spirit Guides Helping
to Light the Path*

It is my intention to help people understand the unusual paths we pick for ourselves through past life regression. A good case study for this understanding is the second analysis from a session with Susan Wilson who was originally a Denver based client and now resides in Colorado Springs. Susan was in my first book in two separate chapters. Her sessions were so intriguing, I was compelled to bring them to the reader's attention. Now, today, several years later I felt drawn to have another session with Susan concerning her soul's path and the progress she was making in her current life.

Susan and I had many sessions back in 2012. I saw that she was a soul that had been a warrior in past lives and had evolved over lifetimes to take on complex lives and keep evolving. We quickly became friends, and if the truth be told, I believe we have been sisters in a past life.

I invited her to have a session to support her in a crucial shift in her life. Susan had years of experience in software sales.

Both in California and Colorado, she had worked in examining contracts her clients had using technology from Microsoft, Dell, and other programs. Her attention to detail is what had made her so successful. And her kindness with the clients helped her to achieve the sales goals her managers asked her to accomplish. However, the years of long hours were starting to wear on her.

Susan felt it was time for a change. She recognized she was interested in developing new skills. Some of these skills involved metaphysical training and some nutritional training. She picked up the ability to read Tarot cards easily and quickly. She had the amazing ability to see premonitional dreams of events that would eventually become true. Susan, also, had the ability to heal aches and pains of others by the laying on of her hands, similar to Reiki training.

Susan took some time off from work last year and took some courses in nutrition certification classes. Teaching healthy nutrition to others had always been a desire of hers, as well as the interest in spirituality. She was also a wonderful cook. Susan wondered if any of these subjects could start her on a new career path at the age of fifty-two.

I suggested that a past life regression session would help her get a direction. Many times the sessions turn into conversations with the client's guides if that is what is most important for them to experience. Not always are the past lives the most important thing to revisit. I left it up to Susan and her spirit guides to direct us where to go. I am just the facilitator.

As we began the session, Susan quickly slipped into an altered state of consciousness. In January, 2017, at my office in my home in Highlands Ranch, Susan saw swirling colors; purple,

yellow, and orange, all around her, as if they were swirling oil on top of water. It felt peaceful to her, she said. Next, she was looking down a hallway that sounded hollow to her. There was no floor below her. She saw bright lights before her and they kept getting brighter and brighter in the hallway. Susan said "I have been here before, but it feels different somehow. I can feel the air. I see big eyes in front of me. It is source. It's so bright. My guides are shielding me from so much bright light being given off."

Next, Susan was shown an empty room to go in to. There were a group of her guides behind her and she could see the purple, yellow, and orange colors again along with the eyes in the room before her. These beings in the room were a different group of beings than the guides she was used to communicating with. Susan said these guides were very wise and powerful. It is possible they were more advanced beings than her immediate spirit guides. Next, she felt a cloak of light coming over her. She could see the colors just flowing from her like a cloak covering her. She saw herself standing with her arms outstretched and looking up.

Now she could feel something on her third eye. Susan wondered if the wise beings were doing something with energy to open her third eye. Instead, she felt they were drawing something out through the area in her forehead. She could feel the energy working right in front of her forehead. She told me she could feel it inside her head in the area where her eyes were. "Knowledge, she heard. They are pulling knowledge I have learned from my past lives. The color hue is blue now, liquid blue all around me", she reported.

Susan then felt small figures around her. She once again saw these figures in color hues. She saw yellow, blue and green

shades in front of her. She said they were very close to her. She felt them touching her shoulders! Next, she saw the small beings put something inside of her. "They are not using my third eye. It is light energy of some sort", she said.

The light was very intense and very bright. One being got very close and touched Susan's head. He was expressing to her through telecommunication that the small beings were taking all the sorrow of the world out of her and putting back light energy into her. Susan said her shoulders felt so heavy. They were heavy with the pain of the world. Breathing heavy, she could feel the beings lifting the weight off her shoulders.

I called on Susan's guides to help her see her new path more clearly. Susan was immediately shown a steep mountain. She could only see the left side, and described it as beautiful, very lush and green with wonderful trees. She felt she had the energy to climb it. She said it reminded her of the movie, "Heidi" in the Swiss Alps. Her guides told her it was a long, long journey ahead of her. She was seeing a little girl with a short dress on. Her name was Lillie. She asked her guides if she was to do this journey alone. They told her, "Just go."

Many people are not clear about their path, and Susan was no exception. She asked about a small business she had thought about opening. Her guides responded, "It is not your purpose." Then Susan asked them to show her the new path so that she could understand what she came to accomplish in this part of her life. Most clients I work with realize that they have interests and talents, but they are not clear on how to turn these interests into careers.

The guides showed her that the path opens on the mountain and she sees that the clouds clear about the mountain. They

tell her that if she continues to do as she is doing, it will just happen. The guides tell Susan it is about the giving. It is about letting the light come out. Joy, light, hope, and kindness are to be her path. They tell her she is a lightworker. The guides show her walking on the path, going forward. It may seem steep, they tell her, but it is just like walking down a fresh Spring path. She hears pebbles move, birds singing, and small creatures in the grass moving. She sees that the sky is blue. Am I on the right path currently, she asks?

Susan's guides insist that it is important to rest from the crazy world. They tell her that her life is becoming balanced now. (Just recently, coupled with leaving her stressful job, Susan had moved from Steamboat Springs to Colorado Springs and into a quiet neighborhood away from the busy city streets.) They tell her she is letting go of tenseness from others. She said now I can send out light instead of absorbing so much darkness from others.

She tells me she was supposed to absorb the evil and darkness. She cleaned it up for others. Now, they are showing her that she can give light back. She will be transforming, her guides say. The work isn't inside of her, they say. It is now work she will do outside of herself. In the past, she had absorbed the dark energy of others. Now she will spread the light from herself to others outside of herself.

Next, her guides show her the skeleton structure, as if she were in an anatomy class. Am I to teach nutrition, she asks? "If you want", they say. Once again, they show her the steep hill, but now it becomes an easy pathway. It is not what she does, but how she feels about it. Next, she sees an avalanche coming down the mountain, in her mind. The scene is being washed away...

The next scene is of a hat. It goes over Susan's face and buckles at the neck. "We put many hats on. I am learning the hat of wisdom. How we define ourselves is by the hat we wear. We can wear different hats and be successful. Some are too tight and can limit us, she says." Susan says all this to me as she is being shown the hat and its many shapes and sizes.

Once again, for clarification, I asked her guides, is a nutritionist to be Susan's new role? All she was shown was bright purple clouds and then the skies clearing. Purple is the crown chakra color and direct connection to your higher consciousness. The guides want her to make that decision by connecting with her higher self. The best way to do that is through meditation.

We asked that Susan's personal guides join us once again. She knew one as "Bear." He comes in as a big hearted bear with his nose down. Secondly, Eric, her Master Guide, enters and appears as a big old tree. Then we see Owl and Wolf coming through. They are as their names describe. Finally, Dawn enters the scene. She appears as a loving woman wearing a long dress. Susan sees that there is yellow light on her right and green light on her left. Yellow is the color of the third chakra representing strong personal self-esteem and green is the color of the fourth chakra representing the heart and love.

Eric tells Susan that it's time to move forward. He encourages her to believe that things will be taken care of. He shows her a hummingbird which signifies joy and beauty. Next, she sees a live, human heart. We understand that to mean Susan must go forward to find her passion. Find what excites her heart. Eric tells her that she has not experienced enough yet to know what will make her happy.

Surprisingly, Bear tells her that a "bear of a man" is in her future. He is big-hearted. He is strong and powerful, yet comforting. He is showing me with the bear, she says. I am alone but he is energetically with me. He will be a partner. In a couple of years I will meet him. It will happen very casually. He will not do the work with me in any of my endeavors, but he will be my strong wall to lean on. He is a protector with a heart filled with light.

"The guides are showing me meeting him", Susan says. "He just comes to me with a big heart. He has facial hair. He is a burly guy with hair. He enjoys the mountains and the outdoors." Bear, her guide, is putting his big hand on her butt, she says. He says, "Just move. Just go, go, go. Step out in faith," she tells me. "He says goodbye to me", Susan says. "As he leaves, he reaches for my face and kisses me". "My guides are all filled with joy for me", she says.

Susan left the session feeling lighter if not somewhat light-headed. She was ready to trust the guides to show signs of specific doors to walk through in her near future. Susan could feel an inner shift and was prepared to embrace it.

A few weeks later, I prepared Susan's Natal Astrology chart and traveled to her home to discuss it. Attached is the Astrological Natal chart for Susan Wilson. As you can see her skeleton of Sun, Moon and Rising Sign are all in Earth signs. Her sun is in Virgo, her moon is in Capricorn, and she has a rising sign in Taurus. All this makes for one practical, grounded, hard-working gal. As a Virgo, she is a perfectionist. She is her own worst critic. She tells herself she is not hard-working enough, not creating enough sales, not achieving the goals she wants to reach all the time. Many times I would hear later that she exceeded her sales goals, but she never seemed to be happy

with the fact that she worked so hard. That is a characteristic of an unevolved Virgo, and Susan is attempting to change that about her soul in this current life.

Having a moon in Capricorn makes her emotional nature very responsible and dependable. The way she would show someone that she cared or loved them would be to make them a nice dinner, clean their clothes, or buy them a personal present. Her emotions are not on the surface and this makes her successful with clients. She is practical and caring in her effective matching of product with client.

Finally, by having Taurus as her ascendant, or rising sign, she would be steadfast in following through for her work. She would always be there for her work or clients. Yet, no one could push her to go faster. Taurus's are symbolized by the bull because they cannot be deterred from their goals and they cannot be rushed. They also see the beauty in all things. Susan always sees wonderful color and beauty in her surroundings and nature. And she appreciates quality in all material things as well.

That leads us to indicators of past lives in her chart. Her natal chart contains the North Node of the Moon in her second

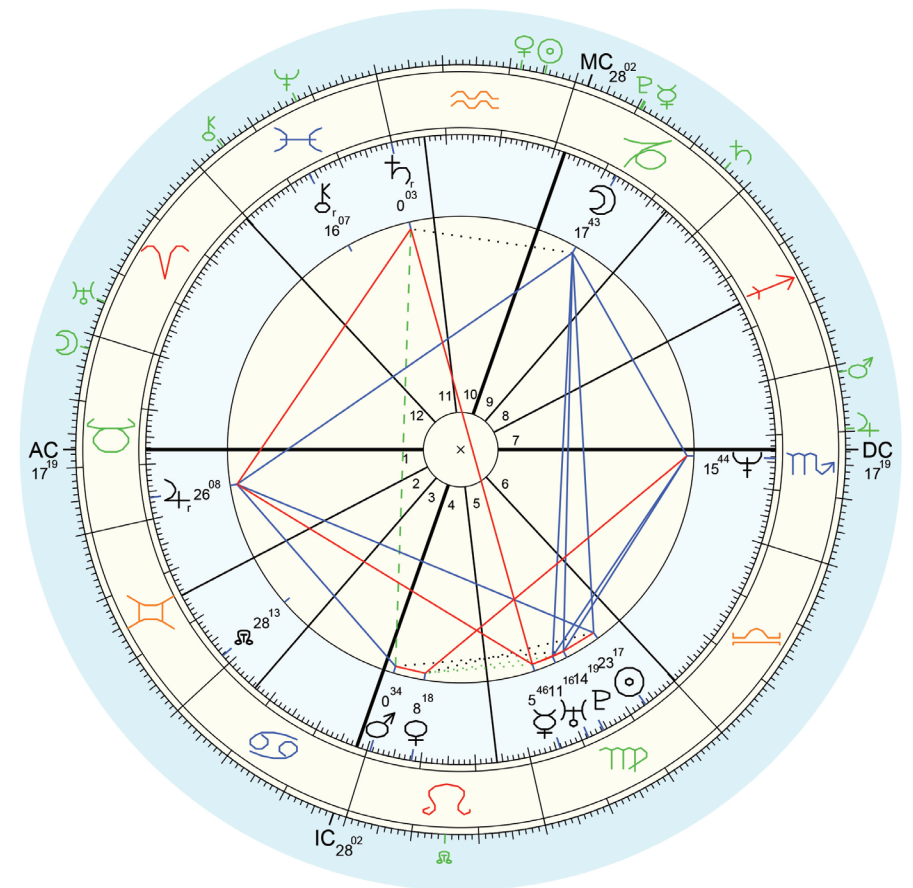
♀ Susan Wilson
 Tu., 15 September 1964 Time: 8:20 p.m.
 Denver, CO (US) Univ.Time: 3:20¹⁶ Sept.
 104w59, 39n44 Sid. Time: 20:00:29

Natal Chart
 Method: Web Style / Placidus
 Sun sign: Virgo
 Ascendant: Taurus
 Transits 24 Jan. 2018, 17:27 UT Transit

	C	F	M
F		♀♂	
A			♋
E	☾MC	♃AC	☉♀♁♂P
W		♀	♃♄

☉ Sun	23 Vir 17'12"	4 ♁41'
☾ Moon	17 Cap 42'55"	2 ♃7'
☿ Mercury	5 Vir 46'27"	19 ♁22'
♀ Venus	8 Leo 18'25"	8 ♁22'
♂ Mars	0 Leo 33'55"	28 ♁53'
♃ Jupiter	26 Tau 7'33"r	20 ♁25'
♄ Saturn	0 Pis 2'55"r	4 ♁4'
♅ Uranus	11 Vir 16'13"	24 ♁47'
♆ Neptune	15 Sco 44' 8"	12 ♁33'
♇ Pluto	14 Vir 19'22"	19 ♁35'
♁ True Node	28 Gem 12'44"	14 ♁59'd
♄ Chiron	16 Pis 7' 2"r	25 ♁26'

♁ AC	17 Tau 19'	♋ 2: 14 Gem 54'	♌ 3: 6 Can 32'
♁ MC	28 Cap 2'	♍ 11: 23 Aqu 58'	♎ 12: 0 Ari 11'



house of money and possessions. That would make her direct opposite house, the eighth house, contain her South Node of the Moon. She has come from a most recent life where her decisions were made for her. Her monetary means were provided for her. She was not allowed or exposed to the experience of making her own financial decisions. I call this being invisible to the group that she was surrounded by. Whether she was a ranch hand, a housemaid, or even in a religious sect, she wasn't dealing with the money and the decisions one makes around money. In her present life, by coming into the second house with her North Node, all that was to change. Her higher-self wanted to learn how to control her destiny concerning money once more. She wanted to be independent and earn her own money, by being ruled by Gemini in the second house. Gemini's are very independent and many times are loners. Yet, they are also friendly, and outgoing. Plus, she would be generous with her earnings to those she cared about. That is another Gemini trait. I know this to be true. Susan is very generous to her three grown sons.

Next we look at the placement of Saturn for an indicator of her most recent past life experience. It is in the eleventh house and is opposing her Mercury. Eleventh house rules values and goals, and also groups, friends and organizations. In her most recent past life, Susan did not have success with groups. Her speaking in front of groups may have landed her in trouble. She may have had no friend she could trust. In this life, she will only have a few close friends because her eleventh house is ruled by Aquarius. Aquarians always look toward the goals of group. They tend to have many acquaintances but few really close friends.

Her Saturn in the eleventh house makes her leery of trusting most people. Fears that occurred in the past life

dealing with other people may have landed her in a weak place. Also, by having Saturn opposing Mercury, her communication planet, in her fifth house of creativity, she plans on changing that in this present life. Oppositions are an aspect that causes a tension between the two planets as they are 180 degrees from each other. They "tug" at each other to accomplish the task of overcoming a weakness that the soul wants to master. Saturn opposing Mercury would tell us that the lesson of Saturn is to "pull" at her communication ability, Mercury, to speak up more in her current life.

Susan told me that as a young child she told her family she wanted to be a speaker in front of a large audience. She never really understood why she had such a desire to speak to groups before. Now we know that the Saturn opposing Mercury aspect is at work in her life today to make her a strong presence in front of groups to achieve her soul's path.

In this life, Susan has spoken to CEOs, CFOs and leaders of major companies many times in her work. She speaks with confidence from the experience of her years in the software industry. These indicators tell us that the soul of Susan means to turn her past life experience around. She intends to replace the invisible role she played into an important one in this life. How she communicates to others and what she says to others will be well thought out and very deliberate with the help of the groundedness of Saturn when she speaks to groups. From the session with her guides, we now know she will be spreading light to others as well.

Capricorn, ruler of Saturn, rules her ninth house of travel, higher education, and higher consciousness and is another indicator of Susan's most recent past life. Her spiritual

modes of communication, tarot cards, hands-on healing and premonitional dreams are always going to be from a practical approach. There will be nothing airy-fairy about her delivery of information to others. She enjoys traveling, yet, up to this point, has only allowed herself to travel for work. This would be another very practical way to approach the ninth house. It would feel too frivolous to just travel for fun for Susan. Many times she has spoken to me about her lack of a college education. She has always desired to have that in her resume. In her industry, a college degree was an important asset that she regretted not obtaining. These are all practical Capricorn approaches to the ninth house.

Now, as we look at her chart, we see her Moon also in the ninth house of higher education, higher consciousness, and foreign travel. Susan has an emotional attachment to these themes as well. It's important to know where a person's Moon is in a chart. Our Moon is where we have dreams or hopes of achieving desires we have. For Susan, it would be a hope to travel for fun, have that higher education degree, and connect deeper to her spirituality.

Chiron, the asteroid, known as the wounded healer, finds itself in the eleventh house for Susan, as well as her Saturn. Chiron is the final indicator of what the soul has been working on for several past lives to overcome and process. This location of Chiron would find Susan with a wounded sense of group identity. This could be experienced as a need to conform to the accepted standards of society and/or a hesitation in expressing her own uniqueness while in the presence of others.

I noticed many times when I asked her to repeat her opinion of some subject, she would act defensive. She told

me in the session that something within her felt threatened. It may be that she was punished in her past life or lives for her opinions or actions.

As I mention earlier, Chiron's influence in a chart can be from wounds over many lifetimes. Susan may have been focusing on gaining her strength in front of groups for several lives, not just her most recent one. To be heard and listened to in her present life is very strong in her personality.

Another indicator of her soul's path is the aspect of Neptune squaring her Venus, while also sextiling her Moon and Uranus. A sextile is a sixty degree apart aspect between two planets. The two planets always work harmoniously with each other in this aspect. Success can be found for the person using the energies of the two planets. A square is a ninety degree apart aspect between two planets that force the person to face issues and in the process grow from it.

The square of Neptune and Venus can be found in the charts of spiritual students. It is an important incarnation because the person has to learn to turn the desire for personal love into a universal sense of love and compassion. The soul does not attract personal love until these goals are met. Susan has suffered in personal love earlier in her life and has not had a partner for several years. This square demands that she transform from within before she can sustain a personal love relation.

Susan is very comfortable in her day to day work, which is expressed by her sixth house. Having Neptune in her sixth, she inspires others, she thinks of original ideas, and she emotionally gets involved in coworkers problems. These are all traits that

Neptune, our psychic, intuitive nature, would lend itself to in the day to day workplace. By having Neptune sextile her Moon, Susan would come across to her co-workers and her clients as a sincere and caring person. By also having Neptune sextiling her Uranus as well, Susan has that ability to be original in her ideas. She can think up unusual solutions to the workplace problems for herself and her clients!

Susan wanted to make an impact in this life on others around her. She wanted to be noticed, no matter how uncomfortable it was for her. As I have said before, we choose, as a soul when we are to be born. That creates our planet locations in the chart. Susan has Jupiter in her first house. This gives her an optimistic approach in her attitude at work and around her co-workers. Our first house describes, "Who I am" to others. To others, Susan appears to be confident, optimistic, and open.

We now know that the path is getting clear about Susan's future, so let's take a look at her psychic Tarot card reading. Susan had left her current industry and was hoping for feedback from the reading that this new path would be the brave one to take. I kept seeing that she was approaching her life with a new attitude, (three of Pentacles). The three of Pentacles means she would be using skills that she may not have used for a long time, if at all. In the Judgment card and the Temperance card, I saw that her opportunities would start out slow but would progress by the fall. The Temperance card means to have patience and you will make steady progress. The Judgment card expresses the energy that she will get her due reward after many years of hard work. I did see the Star card for her several times, which tells me that even if a new position isn't the most ideal, Susan will finally be able to relax and enjoy her life more. This is a

dream she has had for herself for a long time as one of her goals. The Star card means what we have envisioned as our dreams or goals for the future is coming into view.

In the spring, a few months later, she did find a job in her new location of Colorado Springs working for a local software manufacturer in the restaurant industry. What she did not know is how this less stressful life would be changing her. She later admitted that she was much happier with her life. It was calmer, she was in a quiet neighborhood, and she had some flexibility with her schedule. These things sound small, but to a Virgo, who puts so much pressure on herself to be the best, it was a "big change." What a reward to relax and enjoy her home and the simple things once again. The cards said that she would be ending those 12 hour works days forever, (ten of Swords).

We also asked about "Bear". This would be the man who would enter her life in a year or two that her guides had told her about. The cards agreed that within two years, she would be living a different life as she radiated the light from within to others. The cards didn't specifically express the "Bear" relationship. Through my guides and the reading of the Tarot cards, we saw that Susan's life would be happier, and more fulfilled than she could image right now. The cards of Queen of Pentacles and nine of Cups indicated a great transformation in the months to come. The Queen of Pentacles expresses the energy of Susan, grounded, abundant and connected to the earth. The nine of Cups tells us that what she most wishes for in her life is soon to be felt.

I talked to Susan after our session and she told me of the conversation she was having with her fellow workers that